



TRANSITION PROTOCOL

Read this important information before you start.

IMPORTANT INFORMATION FOR CLIENTS CURRENTLY USING “NO DRIP”, “SEVERE CONGESTION” OR OTHER DECONGESTANT SPRAYS CONTAINING CERTAIN INGREDIENTS LISTED BELOW:

Products Labeled As: “No Drip” or “Severe Congestion” and/or

Products Containing Any of the Following: Microcrystalline Cellulose, Cellulose, Hypromellose, Menthol, Eucalyptol, Eucalyptus or “Fragrance”

Clients using nasal sprays described above should follow a transition protocol prior to starting a withdrawal cycle using a Rhinostat Kit. If you have any questions or difficulty in determining if this applies to your current spray, please contact Rhinostat at support@nasalspray.com. You may email us a picture of your current spray and we will reply to your inquiry.

Although your Rhinostat Kit has been formulated to contain the same active ingredient in your current decongestant spray, certain non-active ingredients found in some products have a direct impact on how these medications work and are known to increase the severity of the rebound congestion.

To overcome this, Rhinostat has developed a transition protocol which should be followed before starting a withdrawal cycle with a Rhinostat Kit. For a period of not less than 14 days, patients using the solutions described above need to switch to a water-soluble decongestant with similar pH and osmotic pressure values found in the Rhinostat Kit solutions. Here are some product options for our domestic USA and international clients who need to follow this transition protocol. Be careful when purchasing. Each of these brands offer several variations within their product lines. Compare the packaging to the pictures on this sheet and check to make sure that none of the problematic ingredients are present in your transition product.

OPTIONS FOR OUR DOMESTIC USA BASED CLIENTS (using Oxymetazoline HcL 0.05%)



Afrin Original:

Oxymetazoline HcL 0.05%
Available at most pharmacies

Equate Original:

Oxymetazoline HcL 0.05%
Available at WalMart

Anefrin Original:

Oxymetazoline HcL 0.05%
Available at Walgreens

Patients who are using the types of sprays listed at the top of this page and do not follow the protocol may experience **little or no decongestant relief** from their Rhinostat kits due to the active vasoconstrictor failing to penetrate the cellular membrane of their nasal mucosa.

(continued on reverse side)

OPTIONS FOR DOMESTIC USA CLIENTS (using Phenylephrine HcL 1.0%)



EquatE

Phenylephrine HcL 1.0%
Available at Walmart

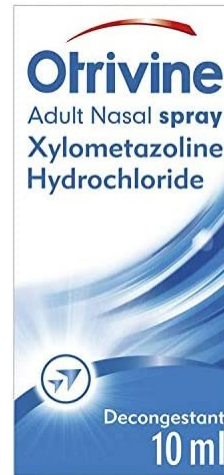
Wal-Four

Phenylephrine HcL 1.0%
Available at Walgreens

OPTIONS FOR CLIENTS IN CANADA & AUSTRALIA (Using Oxymetazoline HcL 0.05%)



OPTIONS FOR CLIENTS IN EUROPE (Using Oxymetazoline HcL 0.05%)



Note:

Xylometazoline HcL 1.0% may be used as a substitute for Oxymetazoline HcL 0.05% for the transition.

During The Transition Period:

The majority of our clients report an improvement in their airflow, a decrease in their congestion and a longer time period between doses just by switching to the water soluble products listed on this sheet.

Do not use any of your old decongestant spray during the transition period. Place your Rhinostat bottles in the refrigerator during the transition period, until you are ready to start the withdrawal process.

Remember, the transition period must be a minimum of 14 days.

If you experience any difficulty or have questions, please do not hesitate to contact us:

Email: support@nasalspray.com Telephone (877)RHINOSTAT (877)744-6678